



SALWAN PUBLIC SCHOOL

Sector-15 (II), Gurugram

Holiday Homework

Integrated Project - (2018-19)

CLASS – VI

Dear Students

Enjoy your holidays; however, spend an hour or more a day keeping in touch with your books to be back in school after the summer vacation for the periodic exam.

We are incorporating integrated project based learning wherein students will prepare projects for all the subjects based on a common theme. This endeavor has been taken up with the objective of inculcating the approach of integrating diverse subjects or fields and the spirit of collaborative learning.

General Instructions:

Integrated project of all subjects to be done in A 4 size white / ruled sheets/scrap-book (only).

- The areas to be covered are suggested below. You can of course use your creativity and innovation for new ideas too!

Credit will be awarded to original drawings, illustrations and creative use of materials

- The project needs to be developed and presented in this order:

Cover page showing project title, Student information, School and Academic year.

List of contents with page numbers.

Theme: Nutrition and Diseases

Hunger and malnutrition are the most devastating problems facing the world's poorest nations, often leading to physical or mental disability, or even death. Simultaneously, because of rapid changes in the diets and lifestyles among certain population groups, many of these countries have seen an increase in chronic diseases, such as obesity and heart disease.

Therefore, safe and adequate food supplies are needed in order to combat both nutritional deficiencies and chronic diseases

Activity - 1

Your school is observing a '**Health Week Celebration**. Keeping in mind the importance health holds in our lives, design a poster on '**Eat Healthy, Stay Healthy**' to make students aware of the benefits of healthy food.

Activity -2

Collect the height (in cm) and weight (in kg) of 4 – 5 members of your family and prepare bar graph for the above collected data (i.e. height and weight). Also calculate BMI (body mass index) for each member. [BMI = (weight in kg) ÷ (height in square meters)]

Activity - 3

Prepare media campaign (Advertisement) that highlights what can be done to reduce the risk of developing problems of obesity in teenagers. The aim of their campaign is to convince

their peers/ friends to improve their eating habits and its role in the prevention of lifestyle diseases.

Activity - 4

Create an Advertisement on “Health is Wealth” Elaborate the following points: i) Create a Slogan and the name of the Celebrity whose name will help to create a better impact. ii) List out the forms of Media where this Advertisement will be placed.

Activity - 5

दादाजी को पत्र लिखकर बताइए कि कुपोषण से बचने के लिए आप किस प्रकार संतुलित आहार अपनाएंगे। संतुलित आहार के बारे में दादाजी को एक पत्र लिखिए।

Activity – 6

Topic: A Presentation

Tool: Digital Camera & PowerPoint/OO Impress

Students will create a digital photo album using digital cameras and PowerPoint. They will take pictures of five nutrients of a balanced diet using digital cameras, download their photos, and insert them into a slide to display and explain their images.

They will present the same in class for 2 minutes.

Please bring your presentations in the Pen Drive as per your Computer Time Table.

THIRD LANGUAGE

General instructions: All subjects to be done in A4 size white / ruled sheets (only)

संस्कृत

- 1 20 अकारान्त पुल्लिंग 20 अकारान्त नपुंसकलिंग तथा 20 आकारान्त स्त्रीलिंग शब्द लिखिए।
- 2 अकारान्त पुल्लिंग तथा आकारान्त स्त्रीलिंग शब्दों से दस-दस वाक्य बनाइए।
- 3 लट् लकार तीनों पुरुषों का प्रयोग करते हुए दस वाक्य बनाइए।

French

Q1. Écrivez l'alphabet en français et coller des photos associées.

(Write the alphabets in French and paste related pictures.)

** Do this activity in A4 size colored sheets.

Q2. Prepare a Brochure on French Cuisine.

Japanese

Practice the greetings covered in class and write in your line note book .

- Ohayo gozaimasu –Good Morning
- Konnichiwa – Good afternoon
- Konbanwa – Good evening
- Oyasuminasai – Good Night

Practice the song Shiawasenara te o tatako

- Read Chapter 1 Nihingo no jugyo and write the japanese sentences in English in line notebook.
- Try to Write A, I,U,E,O in Japanese in your box notebook

German

Topic: Nutrition and Health

1. Prepare a model on traditional food item or drink of Germany.
2. Design a poster and show the comparison on eating habits and meal timings of Germany and India.

Assignment

English

Supplementary Reader - 15 Short Stories by Ruskin Bond

1. *One Foggy Morning:*

- a. Who approached Rishi when he was waiting for his school bus?
- b. What left Rishi surprised the most at the end when he boarded the bus?

2. *Trapped:*

- a. In the story 'Trapped', who was trapped and how?
- b. Who offered the help to the bear? How did the bear show his gratitude towards the help that was offered to him?

3. *The Jamun Tree:*

- a. How was the Jamun tree a boon for the children in hot summers?
- b. What were the kids planning for? When did they get a chance to do that?

4. *The Moon Beamed:*

- a. What has filled the creatures with immense happiness and surprise?
- b. Why did the squirrels stop dancing? What followed them to their home?

5. *Dear Mr Franks:*

- a. What was Mr. Franks interested in doing at his home most of the times?
- b. Why was the narrator sad towards the end of the story?
- c. What amused the narrator in the end that helped her recall the days spent with Mr. Franks?

6. *Dr. Goray and the Giggling Ghost:*

- a. Describe the character of Dr. Goray.
- b. How did the doctor get rid of the giggling ghost?

Sports Homework

S.NO	GAME	HOME WORK
1	BASKETBALL	<ul style="list-style-type: none"> - BRIEF HISTORY OF BASKETBALL - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF BASKETBALL - MEASUREMENT OF BASKETBALL COURT WITH THE HELP OF DIAGRAM - FIVE MEASURE TOURNAMENTS - FIVE TERMINOGOGLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL -BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER
2	JUDO	<ul style="list-style-type: none"> - BRIEF HISTORY OF JUDO - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF JUDO - MEASUREMENT OF JUDO MAT AREA AND ANY FIVE SPECIFICATION - FIVE MEASURE TOURNAMENTS - FIVE TERMINOGOGLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL -BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER
3	TABLE TENNIS	<ul style="list-style-type: none"> - BRIEF HISTORY OF TABLE TENNIS - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF TABLE TENNIS - MEASUREMENT OF TABLE TENNIS TABLE AND ANY FIVE SPECIFICATION - FIVE MEASURE TOURNAMENTS - FIVE TERMINOGOGLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL -BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER
4	VOLLEYBALL	<ul style="list-style-type: none"> - BRIEF HISTORY OF VOLLEYBALL - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF VOLLEYBALL - MEASUREMENT OF VOLLEYBALL COURT AND ANY FIVE SPECIFICATION - FIVE MEASURE TOURNAMENTS - FIVE TERMINOGOGLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL -BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER
5	SWIMMING	<ul style="list-style-type: none"> - BRIEF HISTORY OF SWIMMING - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF SWIMMING - MEASUREMENT OF SWIMMING POOL - FIVE MEASURE TOURNAMENTS - FIVE TERMINOGOGLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL -BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER

6.	FOOTBALL	<ul style="list-style-type: none"> - BRIEF HISTORY OF FOOTBALL - FIVE FUNDAMENTAL SKILLS - RULES AND REGULATIONS OF FOOTBALL - MEASUREMENT OF FOOTBALL FIELD AND ANY FIVE SPECIFICATION - FIVE MEASURE TOURNAMENTS - FIVE TERMINOLOGY OF THE GAME - SIX FAMOUS PERSONALITIES OF THE GAME THREE NATIONAL AND THREE INTERNATIONAL - BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER
7.	ATHLETICS	<ul style="list-style-type: none"> - BRIEF HISTORY OF ATHLETICS - DETAILS OF THE EVENTS OF ATHLETICS - MEASUREMENT OF ATHLETICS FIELD WITH THE HELP OF DIAGRAM - MEASURE TOURNAMENTS - FIVE TERMINOLOGY OF THE GAME - TEN FAMOUS PERSONALITIES OF THE ATHLETICS FIVE NATIONAL AND FIVE INTERNATIONAL - BRIEF BIOGRAPHY OF ANY ONE INTERNATIONAL PLAYER

NOTE –Holiday home work will be done in a file or a scrap book.

File or scrap book should be made creative and beautiful.

Music and Dance

Vocal	Life sketch of any famous Artist of Hindustani classical vocal.
Instrumental	Life sketch of famous Tabla player Ustad Zakir Hussain
W.Instrumental	Life sketch of any famous guitarist or pianist.
Dance	Life sketch of any famous kathak dancer

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