



# **Salwan Public School**

## **Gurugram**

Activity Syllabus  
April 2018

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# SPORTS

## Class III

GAME	Topic	Learning Objective	Learning outcome	Assessment/Activity	Teaching Aid/Resources
<b>TABLE TENNIS</b>	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -TOSSING AND BALANCING	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES & REGULATIONS AND ABLE TO LEARN BALANCING.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -STANCE POSITION	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN BASIC RULES AND STANCE POSITION	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS FORWARD ROLL	TO RECOGNIZE THE STEPS OF A FORWARD ROLL	-LEARN MAKING THE SHAPE OF A FORWARD ROLL -IMPROVE THE FITNESS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-ABLE TO LEARN WARM UP AND GENERAL EXERCISES	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-GROUND -CONES -WHISTLE -STOP WATCH

## Class IV

<b>GAME</b>	<b>Topic</b>	<b>Learning Objective</b>	<b>Learning outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
TABLE TENNIS	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -SERVICE *BACKHAND COUNTER	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES & REGULATIONS OF AND BACKHAND COUNTER SERVICE.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -STANCE POSITION -BALL HOLDING	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN BASIC RULE AND STANCE POSITION, BALL HOLDING	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS BACKWORD ROLL -SIDE FALL	TO RECOGNIZE THE STEPS OF A BACKWARD ROLL ABD SIDE FALL	-LEARN MAKING THE SHAPE OF A BACHWARD ROLL -IMPROVE THE FITNESS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES -RELAY RACES	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-ABLE TO LEARN WARM UP AND GENERAL EXERCISES	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-GROUND -CONES -WHISTLE -STOP WATCH

## Class V

GAME	Topic	Learning Objective	Learning outcome	Assessment/Activity	Teaching Aid/Resources
<b>TABLE TENNIS</b>	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -SERVICE *FOREHAND COUNTER	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES AND REGULATIONS AND FOREHAND COUNTER SERVICE.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -STANCE POSITION -BALL RECEAVING AND BALL THROUGING	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN BASIC RULE AND BALL RECEAVING ,BALL THROUGING	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS *FORWARD ROLL *BACKWARD ROLL *SIDE FALL *TECHNIQUE OGOSHI	TO RECOGNIZE THE STEPS OF A FORWARD ROLL, BACKWARD ROLL, SIDE FALL, TECHNIQUE OGOSHI	-ABLE TO LEARN BASIC SKILLS LIKE FORWARD ROLL ,BACKWARD ROLL,SIDE FALL,TECHNIQUE OGOSHI	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES -CHALLENGE RACES	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-ABLE TO LEARN RUNNING TECHNIQUE THROUGH RACES	-Assessment through group activity related to the lesson taught	-GROUND -CONES -WHISTLE -STOP WATCH

## Class VI

<b>GAME</b>	<b>Topic</b>	<b>Learning Objective</b>	<b>Learning outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>TABLE TENNIS</b>	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -SHADOW PRACTICE *BACKHAND COUNTER	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES & REGULATIONS OF AND ABLE TO LEARN BACKHAND COUNTER SHADOW.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -PLAYER POSITION -LAP SHOT	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN BASIC RULE AND PLAYER POSITIONING	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS *TECHNIQUE OGOSHI	LEARN AND IMPROVE PHYSICAL FITNESS WITH MOTOR SKILL	-ABLE TO LEARN BASIC SKILL TECHNIQUE OGOSHI	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>VOLLEYBALL</b>	-HISTORY VOLLEYBALL GAME -SELECTION OF THE STUDENTS -UNDER ARM PASS	TO TEST THE PLAYERS ABILITY TO CONTROL THE BALL	IMPORTANCE AND GENERAL RULES OF VOLLEYBALL GAMES AND ABLE TO LEARN UNDER ARM PASS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-PLAYING COURT -BALLS -SMOOTH WALL
<b>SWIMMING</b>	-HISTORY OF SWIMMING -SELECTION OF THE STUDENTS -FUNDAMENTAL BASIC SKILLS OF SWIMMING *SUBMERGING *FLOATING	LEARN SWIMMING & FUNDAMENTAL BASIC SKILLS AND WATER CONFIDENCE	STUDENT ARE ABLE TO LEARN AND FUNDAMENTAL BASIC SKILLS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	SWIMMING POOL KICK BOARD PULL BUOY
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES -RUNNING FOR SPEED	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-DEVELOPING FLUENCY AND COORDINATION IN RUNNING FOR SPEED -DEVELOPING AWARENESS OF TIME DISTANCE AND SPEED	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-GROUND -CONES -WHISTLE -STOP WATCH

## Class VII

<b>GAME</b>	<b>TOPIC</b>	<b>LEARNING OBJECTIVE</b>	<b>LEARNING OUTCOME</b>	<b>ASSESSMENT/ACTIVITY</b>	<b>TEACHING AID/RESOURCES</b>
TABLE TENNIS	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -SHADOW PRACTICE *FOREHAND COUNTER	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES & REGULATIONS OF AND ABLE TO LEARN FOREHAND COUNTER SHADOW.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS TABLE -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -FOOT WORK WITH DEFENCE POSITION -LAP SHOT	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN FOOT WORK WITH DEFENCE POSITION AND LAP SHOT.	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS *TECHNIQUE HARAI OGOSHI	TO IMPROVE COORDINATION AND BALANCE ABILITY	-ABLE TO LEARN BASIC SKILL TECHNIQUE HARAI OGOSHI	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>VOLLEYBALL</b>	-HISTORY VOLLEYBALL GAME -SELECTION OF THE STUDENTS -OVERHAND PASS	TO TEST THE PLAYERS ABILITY TO CONTROL THE BALL	IMPORTANCE AND GENERAL RULES OF VOLLEYBALL GAMES AND ABLE TO LEARN OVERHAND PASS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-PLAYING COURT -BALLS -SMOOTH WALL
<b>SWIMMING</b>	-HISTORY OF SWIMMING AND RULES -SELECTION OF THE STUDENTS -FUNDAMENTAL BASIC SKILLS OF SWIMMING *FLOATING *KICKING	LEARN SWIMMING RULES & FUNDAMENTAL BASIC SKILLS AND WATER CONFIDENCE	STUDENT ARE ABLE TO LEARN RULES AND FUNDAMENTAL BASIC SKILLS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	SWIMMING POOL KICK BOARD PULL BUOY
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES -RELAY RACES	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-DEVELOPING FLUENCY AND COORDINATION IN RUNNING FOR SPEED -DEVELOPING AWARENESS OF TIME DISTANCE AND SPEED	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-GROUND -CONES -WHISTLE -STOP WATCH

## Class VIII

<b>GAME</b>	<b>Topic</b>	<b>Learning Objective</b>	<b>Learning outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>TABLE TENNIS</b>	-HISTORY OF T.T -RULES OF T.T -SELECTION OF THE STUDENTS -SHADOW PRACTICE *FOREHAND COUNTER *BACKHAND COUNTER	-LEARN MAKING THE FUNDAMENTAL SKILLS AND COMPULSORY BODY MOVEMENTS.	-STUDENTS ARE ABLE TO LEARN RULES & REGULATIONS OF AND ABLE TO LEARN FOREHAND & BACKHAND COUNTER SHADOW.	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-TABLE TENNIS TABLE -NET -BALLS -RACKETS
<b>BASKETBALL</b>	HISTORY OF BASKETBALL AND BASIC RULE -SELECTION OF STUDENTS -MOVE WITH DRIBBLING -JUMP SHOT -TYPES OF DRIBBLING	EXPLANATION OF BASKETBALL RULE & HISTORY OF BASKETBALL	-ABLE TO LEARN MOVE WITH DRIBBLING, JUMP SHOT AND TYPES OF DRIBBLING	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-BALL -CONES -COURT -SKIPPING ROPE -STOP WATCH
<b>JUDO</b>	HISTORY OF THE JUDO -RULE AND REGULATION - BASIC SKILLS *TECHNIQUE OUCHI GARI	LEARN AND IMPROVE PHYSICAL FITNESS WITH MOTOR SKILL	-ABLE TO LEARN BASIC SKILL TECHNIQUE OUCHI GARI	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	JUDO MATS AND DRESS
<b>VOLLEYBALL</b>	-HISTORY VOLLEYBALL GAME -SELECTION OF THE STUDENTS -CHEST PASS	TO TEST THE PLAYERS ABILITY TO CONTROL THE BALL	IMPORTANCE AND GENERAL RULES OF VOLLEYBALL GAMES AND ABLE TO LEARN CHEST PASS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-PLAYING COURT -BALLS -SMOOTH WALL
<b>SWIMMING</b>	-HISTORY OF SWIMMING AND RULES -SELECTION OF THE STUDENTS -FUNDAMENTAL BASIC SKILLS OF SWIMMING *SUBMERGING *FLOATING *KICKING	LEARN SWIMMING RULES & FUNDAMENTAL BASIC SKILLS AND WATER CONFIDENCE	STUDENT ARE ABLE TO LEARN RULES AND FUNDAMENTAL BASIC SKILLS	ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	SWIMMING POOL KICK BOARD PULL BUOY
<b>ATHLETICS</b>	-SELECTION OF STUDENTS -HISTORY OF ATHLETICS - BASIC RULES AND REGULATIONS -WARM UP AND GENERAL EXERCISES -LONG JUMP AND TRIPLE JUMP DRILLS	-EXPLANATION OF ATHLETICS RULES & HISTORY OF ATHLETICS	-EXPLORING DIFFERENT COMBINATIONS OF JUMPS -DEVELOPING FLUENCY AND CONTROL IN PUTTING TOGETHER JUMPS	-ASSESSMENT THROUGH GROUP ACTIVITY RELATED TO THE LESSON TAUGHT	-GROUND -CONES -WHISTLE -STOP WATCH

# Football

Class	Month	Content/Topic	Learning Objectives	Learning Outcomes	Assessment/Activity	Teaching Aid/Resources
VI	April	-Various Commands -Coordinative Exercises -Push-Pass -Game 2 v/s 2	-Juggling with the ball -Passing the ball with right and left leg.	-Juggling with the ball with inside of the boot. -Able to pass the ball with accuracy over a distance.	-Rolling the ball -Through passing	Ball Cones Arch
VII	April	-Various line formations -Coordinative Exercises -Instep Kick -6 aside Game	-Juggling with the ball -Kicking the ball with right and left leg.	-Juggling with the ball with lace part of the boot. -Able to kick the ball with power over a distance.	-Juggling -Shooting	Ball Cones Arch
VIII	April	-Various Turning -Coordinative Exercises -Lofted Kick -Regular Game emphasizing on heading	-Juggling with the ball -Kicking the ball with right and left leg in air.	-Juggling with the ball with different parts of the boot. -Able to use lofted kick in attack and defense situation.	-Juggling with head -Kicking a stationary ball over a distance.	Ball Cones Arch



# MUSIC AND DANCE

Vocal, Instrument ,Dance Syllabus

YouTube Link <https://www.youtube.com/watch?v=qBXE9BkidNQ>

Month – April 2018 class –III

Class	Content/Topic	Learning Objectives	Learning Outcome	Assessment/Activity	Teaching Aid/Resources
III <b>Indian Vocal</b>	Basic knowledge of Shudh Swaras, Alankars, Bhajan	Basic knowledge of swaras, practice of swaras and alankars, knowledge of singing style (Bhajan).	Knowledge about the Shudh swaras.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
III <b>Indian Instrument</b>	Introduction of Tabla ,Bols of Tabla (10 varn)	To understand the basic bols of percussion instrument	Knowledge about 10 varn (10 bols) of instrument	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
III <b>Indian DANCE</b>	Terms of taal, theka of teen taal ,tatkar in teentaal .	Basic knowledge of taal, to understand foot movements	Knowledge of foot movement in teen taal.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
III <b>Western instrument</b>	Simple fingering movement on guitar strings and keyboard keys.	To understand the name of the strings and each key of instruments.	Knowledge about strings and keys.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

### Month – April 2018 class -IV

<b>Class</b>	<b>Content/Topic</b>	<b>Learning Objectives</b>	<b>Learning Outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>IV Indian VOCAL</b>	Alankars, Life Sketch of Pt. Vishnu Narayan Bhatkhande, one Bhajan	To understand the contribution of Pt. Bhatkhande in Music, Knowledge of singing style ( Bhajan).	Detailed knowledge about the artist.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>IV Indian Instrument</b>	Theka of kehrwa taal /hand beat	To understand kehrwa taal and introduction of taal structure (8 beat cycle/ 4/4 common timing	Detailed knowledge of kehrwa taal	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>IV Indian Dance</b>	Definition of Dance, basic work out.	Students should have knowledge about different aspects of dance theory / practical	Students should be thorough with the concept of dance	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>IV Western Instrument</b>	Introduction of staff notation for guitar and keyboard.	To identifying staff note and its values.	Detailed knowledge of notation scale.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

## Month – April 2018 class – V

<b>Class</b>	<b>Content/Topic</b>	<b>Learning Objectives</b>	<b>Learning Outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>V Indian Vocal</b>	Musical Terms of Raag, Alankars in kalyan, Thaata, Teen Taal	To understand the basic term of classical music and knowledge of thaata.	Knowledge of basic musical terms	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>V Indian Instrument</b>	Kehrwa taal and its different thekas	To understand different types of kehrwa taal with different layas	Knowledge of different layas	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>V Indian Dance</b>	Basic work out movements of different parts of the body	Students should have knowledge about different aspects of dance theory /practical	Students should be thorough with the dance movements	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>V Western Instrument</b>	Introduction of pattern, pitch, rhythm and beats.	To understand the different kind of beats, Rhythm and pitch.	Knowledge of different pattern.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

### Month – April 2018 class – VI

<b>Class</b>	<b>Content/Topic</b>	<b>Learning Objectives</b>	<b>Learning Outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>VI Indian Vocal</b>	Basic tuning of Voice, Definition of Taal ,Terms of Raagas	To Understand the Musical Voice and musical term, Importance of taal.	Knowledge of swaras and to understand the own voice.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VI Indian Instrument</b>	Simple finger movement exercercises/basic bols of Tabla /definition of taal	To understand verbal & written music /playing instrument /handbeats	Knowledge of bols to understand the Tabla bandish	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VI Indian Dance</b>	Detailed knowledge about seven classical dance forms	To Understand seven classical dance forms	Knowledge of seven classical dance forms and mudras	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VI Western Instrument</b>	Introduction of C major scale.	To identifying C major scale in keyboard while playing	Knowledge of major scale.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

**Month – April 2018 class – VII**

<b>Class</b>	<b>Content/Topic</b>	<b>Learning Objectives</b>	<b>Learning Outcome</b>	<b>Assessment/Activity</b>	<b>Teaching Aid/Resources</b>
<b>VII Indian Vocal</b>	Voice Exercise, Alankar in shudh and vikrit swaras	Voice improvement through Alankar. To understand Shudh and Vikrit Swaras.	Knowledge of Swaras and to understand the own voice.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VII Indian instrument</b>	Simple finger movement exercises/bol of Tabla/kehrwa tal	To understand verbal & written music /playing instrument /recite/perform	Knowledge of bols to understand the Tabla bandish	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VII Indian Dance</b>	Definition of pada bheda, folk dance	Students should have knowledge about different aspects of dance practical /theory	Students to know different possibility of foot movements	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VII Western Instrument</b>	Simple fingering chords in C and D major.	To understand C major and D major.	Knowledge of different chords.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

## Month – April 2018 class – VII

Class	Content/Topic	Learning Objectives	Learning Outcome	Assessment/Activity	Teaching Aid/Resources
<b>VIII Indian Vocal</b>	Singing of Alankars / Ten Thaats/Notation system.	To understand how to write music notation. Knowledge of ten thaats.	To understand notation system and Ten thaats.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VIII Indian Instrument</b>	play teen tal theka , bols of Tabla	To understand verbal & written music /playing instrument /recite/perform with song	To understand notation of teental	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VIII Indian Dance</b>	Types of rasa in dance	Students should have knowledge about rasa (bhaav) theory/practical	Students should know about importance of rasa in dance	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.
<b>VIII Western Instrument</b>	Introduction of rhythm 4/4.	To understand the method of playing and its importance.	Knowledge of rhythmic pattern.	Assessment through group and individual activity related to the lesson taught.	Audio, video C.D'S and personal demonstrations.

**ART & CRAFT**  
**Month – April**  
**2018-19**

<b>Classes</b>	<b>Content/Topic</b>	<b>Learning Objects</b>	<b>Learning Outcomes</b>	<b>Assessment/Activity</b>	<b>Teaching Aids/ Resources</b>
<b>III</b>	Introduction of basic shapes & colours.  Book – Artoons.	To able to understand the basic knowledge on different shapes & colours.	The students will be able to re-collect different shaped & how they can assemble in a manner and as well as colours.	Oil pastels, Pencil (2B, 4B.6B). Visuals – Drawing & colouring activity.	Visuals – they have been shown different picture in smart board & books.
<b>IV</b>	Introduction of Warm & Cool colours.  Book – Artoons.	To able to understand the basic knowledge of Warm & Cool Colours.	The students will be able to draw & understand warm & cool colours.	Oil pastels, Pencil (2B, 4B.6B). Visuals – Drawing & colouring activity & paper sculpture activity.	Visuals – they have been shown different picture in smart board & books.
<b>V</b>	Introduction of Mixing colours & Texture.  Book – Artoons.	To able to understand the basic knowledge on different shapes & colours.	The students will be able to draw & understand Mixing colours & texture.	Oil pastels, Pencil (2B, 4B.6B). Visuals - Drawing & colouring.	Visuals – they have been shown different picture in smart board & books.

<b>VI</b>	Still Life	To enable the students to analyze the object forms, shapes, colour, texture, material & it's behavior with light.	The students will be able to arrange the elements within a composition.	Water colour. Poster colour, brushes, Oil pastels, Pencil (2B, 4B.6B). Visuals, still life by prominent artist shown on smart board. Ref: book – Art Aesthetics.	Sketch, paints & understands the importance with different mediums. Experiments with different mediums. Displays observation skills & co-relates with real life. Takes an innovative & creative approach shows aesthetic sensibilities.
<b>VII</b>	Still Life with 2 objects.	To enable the students to analyze the object forms, shapes, colour, texture, material & it's behavior with light.	The students will be able to arrange the elements within a composition.	Poster colour. Water colour, brushes, Oil pastels, Pencil (2B, 4B.6B). Visuals, still life by prominent artist shown on smart board. Ref: book – Art Aesthetics.	Sketch, paints & understands the importance with different mediums. Experiments with different mediums. Displays observation skills & co-relates with real life. Takes an innovative & creative approach shows aesthetic sensibilities.
<b>VIII</b>	Still Life with 3 objects & drapery.	To enable the students to analyze the object forms, shapes, colour, texture, material & it's behavior with light.	The students will be able to arrange the elements within a composition.	Water colour. Poster colour, brushes, Oil pastels, Pencil (2B, 4B.6B). Visuals, still life by prominent artist shown on smart board. Ref: book – Art Aesthetics.	Sketch, paints & understands the importance with different mediums. Experiments with different mediums. Displays observation skills & co-relates with real life. Takes an innovative & creative approach shows aesthetic sensibilities.